

**REGIONAL REPRESENTATIVE
E-NEWSLETTER
May 2010
“News from the Board of Pensions”**

*Note: This newsletter offers highlights and news from the Board of Pension.
Please share this piece with your communications director or webmaster.*

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Benefits Connect Tip:

Did you know that you can use [Benefits Connect](#) to get a pension estimate?

On Benefits Connect, active and retired members and surviving spouses can securely update their personal information, view details about their benefits, get a pension estimate (if applicable), and more.

Plus, church treasurers and business administrators can securely confirm or change their members' salary information.

So [register](#) for Benefits Connect today! Just visit the Pensions.org homepage and click the "Register" button under the Benefits Connect logo.

MyActiveHealth.com/pcusa

As announced last month, the Board is offering a **\$100 Health Stewardship Incentive** to active members of the Medical Plan* who launch their Personal Health Record (PHR), complete the Health Assessment, and take a couple of additional simple steps.

[MyActiveHealth.com/pcusa](#) from ActiveHealth Management is a health management portal that empowers members to manage their healthcare. It offers a private and secure online PHR, a unique way of keeping an accurate health history for you and members of your family. It populates with Highmark and Express Scripts claims data, and also allows you to add information that only you know. Taking the Health Assessment on the site is a great way to help you fill in your PHR, and is the second step towards getting your \$100 incentive.

To be eligible for the Health Stewardship Incentive, a prepaid debit card for [IRS tax-qualified healthcare expenses](#), please:

1. Launch your PHR by visiting MyActiveHealth.com/pcusa and registering for the site.
2. Complete the online Health Assessment.
3. Sign in to MyActiveHealth.com/pcusa at least two more times on different days before **July 31, 2010**.

If you have questions about the incentive, your PHR, or the other services that ActiveHealth offers, please visit our Web site at www.pensions.org/healthmanagement.

Please note: Your health information is kept strictly confidential. The ActiveHealth Management programs and tools are secure and confidential, in full compliance with federal and state laws. ActiveHealth® understands and respects the privacy of all personal health information.

****Not available to members enrolled in Anthem, CIGNA International Expatriate Benefits, or Triple-S, or to retired members covered by the Medicare Supplement Plan.***

Annual Report 2009 Available

The [Annual Report 2009](#) is now available on Pensions.org. It provides a complete financial overview and other details about the work of the Board of Pensions in 2009.

Church Treasurers and Business Administrators: Keep Your Retirement Savings Plan Adoption Agreement Updated

It is important for you to update your [Retirement Savings Plan of the Presbyterian Church \(U.S.A.\) Adoption Agreement](#) whenever you make any changes that affect the plan. This includes changes to your employer contribution amounts or eligibility requirements.

If you have questions about the Adoption Agreement, please contact the Board at 800-773-7752 (800-PRESPLAN).

Thought for the Day

One of the deep secrets of life is that all that is really worth doing is what we do for others.

- LEWIS CAROL